

THE UNIFIED EXPERIENCE | 2-DAY QUEST

Partnering with Ronni Kahn AO and Dr. Paul Browde, Maximus will unify the impact of purposeful leadership in a two-day immersion, starting with framing the importance of personal purpose and the stories that shape us, followed by practical application to embed in the workplace.

DAY ONE

DEEP LISTENING & CONNECTION

Open and Welcome Paul and Ronni reflect on why purposeful leadership is important in today's landscape. Experience connection exercises and an overview of the quest to come.
<i>MORNING TEA</i>
Introspection – The Moments that Shape Us Explore Maximus' 'Framework of Self' philosophy. Be guided through a reflection on early years and heritage. Identify the stories that have come to hold residency in our being.
<i>LUNCH</i>
Who am I ? Body movement and breathwork, connecting to self. Learn from embodiment practitioners on how to engage the body and mind in an act of deep listening – to wants, needs and purpose. Journalling to reflect on the experience and refine embodied insights.
<i>AFTERNOON TEA</i>
Listening and Sound Practice Going one step further, engage in listening and sound practice to actively realise – who am I in relation to someone else? Consider primary relationships and engagement in deep listening.

DAY TWO

MANIFESTING A VISION

The Power of Story Extended breakfast to gather and experience the power of storytelling. Ronni will share her own personal narrative and manifestation of a vision as well as lived lessons of purposeful leadership.
Start with the 'Be' Go from 'Have, Do, Be' to 'Be, Do, Have' – a powerful tool for manifesting a life, career and leadership style aligned to your being. Paul will share the psychology of attracting what you want and realising the vision.
<i>LUNCH</i>
Embodiment Practice An immersive experience, engaging with body mapping tools and the crossing the bridge exercise. Be introduced to the notion of neighbourhoods as we step into our idealised sense of self, based on the journey so far.
<i>AFTERNOON TEA</i>
Convicted Purpose Craft and refine your leadership manifesto through peer-to-peer learning. Consolidate your insights, capturing who you want to be as a leader and the values core to who you are. Share your manifesto, spotlight style.

* PLEASE NOTE THIS AGENDA IS SUBJECT TO CHANGE